

Humboldt's **Carlton Trail Ski Club** presents

Try Cross Country Skiing

(AGES 10 and up)

Monday, Feb. 18, 2019

10:00 a.m. @ Carlton Trail Ski Club's Dixon Site

PRE-REGISTRATION appreciated (carltontrailskiclub@gmail.com)

If you've never been on cross country skis (or it's been a long time), come to our Dixon trails and give it a try! Carlton Trail Ski Club will provide you with the basic equipment (skis, boots, and poles) and a 45-minute lesson. If you can walk, sustain a gentle fall, and get back up, you can ski!

- **FREE**, but donations welcomed (our normal daily trail fee is \$5.00 per person)
- **Ages 10 and up** only (all our small equipment is currently on loan to our members, sorry)
- **ALL PARTICIPANTS MUST REGISTER** and **SIGN A WAIVER** before taking part. Participation in cross country skiing involves some degree of risk. **ALL PARTICIPANTS TAKE PART AT THEIR OWN RISK.**
- **Minors (under 16) must be accompanied by their parent/guardian** when they check-in at the registration table (to sign the waiver).
- Participants **must be able to withstand a gentle fall and must be able to get up on their own.**
- **Dress for the weather** conditions for that day (cold feet, cold hands, and cold heads are the most common complaints)
- Should you decide you like it a lot, feel free to join us later in the day for the "**Outdoor Family Fun Day**". We will be happy to lend you the equipment (if available) to do so for the rest of the day.
- The Dixon site has a **HEATED CLUBHOUSE**. There is no potable water, but we will have drinking water there for you. There is **NO INDOOR BATHROOM FACILITY** (there is an outhouse).
- **DIRECTIONS:** Our Dixon site is about 18 km NW of Humboldt. From Humboldt, go about 10km west on Hwy 5. Go **PAST** Dixon Road and instead take the **NEXT** grid (669) 1.6 km further (look for the blue "skier" sign). This is the road just before the Pioneer Inland Terminal (local knowledge – it is the grid road that was flooded over a few years ago). Turn right (north) and proceed 6.4 km. Here you will see power lines over the road and skis nailed to a sign. Turn left (west) and go 1.5 km. You cannot miss the clubhouse on your right.
- *Contact Brian Grest for further information (call or text 231-8284; carltontrailskiclub@gmail.com)*

*Don't forget **Family Fun Day at Dixon** later this day (1:30-5:00).*

*As well, the **City of Humboldt** and **Humboldt Broncos** are also offering activities on this day!*