

Family *in motion* Day

February 18th



Make physical activity your family tradition!

Humboldt Event Details – Mon. Feb. 18, 2019

TRY CROSS COUNTRY SKIING (AGES 10 & up*) 10.00 a.m.
Carlton Trail Ski Club (Dixon Site)

**AGES 10 & up only (unless you are able to attain your own equipment), as all our smaller equipment is currently on loan to our members.*

If you can walk and can sustain a gentle fall and get back up, you can cross country ski. Adults and **youth aged 10 & up** welcome. Qualified instructors will fit you with equipment (based on availability) and introduce the basics of cross country skiing. Dress for the weather. Directions to Dixon at <https://carltontrailskiclub.weebly.com> (scroll to "About the Club"). Registration and fitting is at 10:00 a.m.; lesson to follow. The lessons are FREE. A waiver must be signed; **participants under 16 years old must be accompanied by a parent/guardian.** Brought to you by the Carlton Trail Ski Club.

THIS EVENT IS WEATHER DEPENDENT – PLEASE CHECK THE CARLTON TRAIL SKI CLUB WEBSITE OR FACEBOOK PAGE OR TEXT BRIAN GREST AT 231-8284 IF IN DOUBT.

OUTDOOR FAMILY FUN DAY 1.30 – 5:00 p.m.

Carlton Trail Ski Club (Dixon Site)

Bring your own skis, your snowshoes, or your toboggan and enjoy the ski and snowshoe trails, the hills, and the heated clubhouse. **HORSE-PULLED SLEIGH RIDES** and **WIENER ROAST** included. All participants must register and sign a waiver; **participants under 16 years old must be accompanied by a parent/guardian.** **FREE**, but donations

accepted at the registration table. Brought to you by the Carlton Trail Ski Club, Sobeys, Tim Hortons, as well as Arden Dust & Kayden Hoppe and friends.

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FAMILY TOONIE SWIM 1:00 - 4:00 p.m.

Humboldt Aquatic Center (Uniplex Concession open from 2:00-6:00). Enjoy the pool with your family and friends. **Special rate - \$2.00/person, \$5.00 for the immediate family.** Brought to you by the City of Humboldt.

HUMBOLDT BRONCOS GAME 3:00 p.m.

Elgar Petersen Arena (Uniplex Concession open) SJHL action with the Humboldt Broncos hosting the Kindersley Klippers. **Special family pricing – immediate family for \$35.00** – brought to you by the Humboldt Broncos.

SKATING WITH THE BRONCOS 5:30 - 7:00 p.m.

Elgar Petersen Arena (Uniplex Concession open until 6:00). Open to everyone. Come out for a skate with the Broncos and get pictures with and autographs from the Broncos. **Admission is FREE.** Please bring your HELMET. Brought to you by the City of Humboldt and the Humboldt Broncos.

